



## Topic: Supporting positive learning dispositions in babies and toddlers (Birth - 3 years)




Both *Aistear* and *Síolta* highlight the importance of supporting positive learning dispositions in early years practice.

In this short CPD session, you will learn more about positive learning dispositions. The suggested resources for viewing, reading and reflecting on highlight how you can help babies and toddlers to develop positive learning dispositions like independence, curiosity and resilience.



### Key connections

- *Aistear*'s theme: [Well-being](#)
- *Síolta* Standard 1: [Rights of the Child](#)

Support dispositions like independence, curiosity and resilience.

		✓
	Watch this four-minute video, <a href="#">Your role in supporting children's learning and development</a> to hear Dr Margy Whalley explaining your role in supporting children's positive learning dispositions.	
	Read this tip sheet, <a href="#">Helping babies and toddlers to develop positive learning dispositions</a> (Birth - 3 years) for practical ideas about supporting babies and toddlers' positive learning dispositions.	
	Developing dispositions like independence, resilience and perseverance can only happen when children have the opportunity to do things for themselves and this involves getting wet and dirty as Dr Margy Whalley reminds us in this two-minute video, <a href="#">Babies and toddlers need messy play too!</a>	



My key reflections having viewed/read the above materials	
	
An action I can take . . .	
	<p>Link to the Practice Guide's <a href="#">Aistear Síolta Action Planning Template</a></p>

All of the above resources and many more are available on the *Aistear Síolta Practice Guide* website at [www.aistearsiolta.ie](http://www.aistearsiolta.ie)

Thank you for visiting and using the Practice Guide.