



## Topic: Supporting children’s emotional and social well-being through documentation (Birth - 6 years)




Both *Aistear* and *Síolta* highlight the importance of helping children to be as competent and confident as they can be.

In this short CPD session, you will observe how an example of positive documentation can be used to support children’s emotional and social well-being. The suggested resources for viewing, reading and reflecting on highlight how finding positive things to say about children can help them to see themselves through a positive lens.





### Key connections

- *Aistear*’s theme of [Identity and Belonging](#)
- *Síolta* [Standard 1: Rights of the Child](#)

Having high expectations of all children will help them grow as confident and competent learners.

		✓
	The short piece of CPD begins with a <a href="#">4-minute video</a> illustrating what well-being might look like in an early childhood setting.	
	In this <a href="#">4-minute video</a> , Dr Justine Howard talks about the importance of children’s well-being is and discusses resources and strategies to support well-being.	
	Watch this 6-minute video <a href="#">Supporting emotional and social development through documentation - 1</a> to hear Wendy Lee, Director of the Educational Leadership Project, New Zealand show how one little boy’s experiences were turned around through the intervention of responsive early years educators.	



	Watch this 5-minute video <a href="#">Supporting emotional and social development through documentation -2</a> to hear Wendy Lee explain how children’s behaviour can be transformed through positive documentation.	
	Wendy Lee talks about the importance of documenting positive things about every child. Reading <a href="#">Documenting children’s learning and development</a> will give you some ideas on how to do this.	
	Read these resources on helping children to develop positive learning dispositions ( <a href="#">birth – 3</a> and <a href="#">3 – 6</a> ) to understand more about how children’s inborn dispositions vary and how adult-child interactions and relationships, and the experiences children are exposed to can have an impact on the development of positive learning dispositions.	
	Use one section of the <i>Aistear Síolta</i> Practice Guide Pillar’, <a href="#">Planning and Assessing self-evaluation tool</a> , to explore how your practice in documenting children’s learning and development shows each child as a capable and competent learner.	

### My key reflections having viewed/read the above materials

**Prompts for Reflection:** What is working well for you in this area? What are the challenges you have experienced in this area? What will you do differently in the future?

	
---	--



### An action I can take . . .

**Prompts for Reflection:** Outline the changes you plan to make to your practice. How will these changes impact positively on children's learning and development? Think about the resources and supports you will need. What aspects of this work would you like to prioritise and focus on in the coming weeks?



Link to the Practice Guide's [Aistear Síolta Action Planning Template](#)

All of the above resources and many more are available on the *Aistear Síolta Practice Guide* website at [www.aistearsiolta.ie](http://www.aistearsiolta.ie)

Thank you for visiting and using the Practice Guide.