

To add interest we added some spices to the resources for play dough like pepper corns, cumin, cinnamon and crushed garlic. Sophia was really interested. She talked about the smells and the different foods they reminded her of.

Sophia loves food and smells. She talks about the smells and flavours at snack-time and dinner-time every day. We know her Mom works in a restaurant and she tells us about some of the dishes her Mom cooks at home. She shares her knowledge with the other children and in the home area especially where she loves using pretend spices to serve wonderful dinners.

C Aim 3, LG1 ET Aim 4, LG 4 IB Aim 1, LG 4 (C=Communicating; ET=Exploring and Thinking; IB=Identity and Belonging; LG=learning goal)

Extend the selection of spices and herbs we use with playdough.

Add cookery magazines to the book area.

See if we can visit the restaurant or have Sophia's Mom visit us for a food tasting session.